

# off the SHELF



## National Library Card Sign Up Month Throughout September

September is National Library Card Sign Up Month! Whether you're new to the area or a long time resident, we want you to come see what we have to offer and get a card. While you're here, we invite you to "suit up" as a superhero or villain and take some pics in our selfie booth. For the total superhero experience, leave your costume on and ask the desk if they have received any villainous calling cards. Then search for additional criminal activity around the Library!

## *in this issue:*

### Learn About Putin's Russia

Friend, foe, or something else? In November, a history professor from the College of DuPage will present on this fascinating topic. Turn to page 5 to learn more.

### Get Your Game On!

International Games Week is coming and we have games for adults, teens, and children! Turn to page 3 for more information.

### Ballet Bonanza!

Check out pages 6 and 7 to learn about some fun ballet programs we have planned for children this Fall!

## news you can use

### New Staff Members!

Next time you're in, say hello to some of our new staff members:

Meghan Geraghty and Maddy Javier, Shelves

Brittany Hinkle, Community Engagement & Publicity Coordinator

Jen Horan, Library Assistant

### Join us for Voter Registration Day

The League of Women Voters of Lake Forest/Lake Bluff Area and the Lake Bluff Public Library are observing National Voter Registration Day on Tuesday, September 26. Residents who need to update their voter registration or want to register for the first time are invited to stop by the Library. A deputy registrar will be able to help and answer questions. Voter registration is being held all over the county on the same day to build awareness and encourage people to register.

### Sunday Hours Resume

Don't forget: the Library will be open on Sundays from 1:00pm to 5:00pm beginning Sunday, September 10.

## TABLE OF CONTENTS

Administration.....	2
Community Programs.....	3
Adult Programs.....	3-5
Children's Programs.....	6-7
Teen Programs.....	7

## BOARD OF TRUSTEES

Kathy Meierhoff, *President*  
Carole Stroh, *Vice President*  
Scot Butler, *Treasurer*  
Janie Jerch, *Secretary*  
Kate Jackson  
Tim Kregor  
Carl Schons

## BOARD MEETINGS

Board Meetings are held at the Library. Members of the public are encouraged to attend.

Tuesday, 9/19 at 7:00pm  
Tuesday, 10/17 at 7:00pm  
Tuesday, 11/14 at 7:00pm

## FRIENDS MEETINGS

Friends Meetings are held at the Library. New members are always welcome!

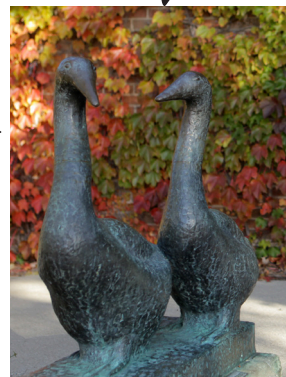
Saturday, 9/16 at 10:00am  
Saturday, 10/21 at 10:00am  
Saturday, 11/18 at 10:00am

## get to know your library

### The Great Geese Gift

by Eric Bailey, Library Director

Many people have asked, both of our current and former logo, "Why geese?" The reason is an iconic piece of Lake Bluff art.



In 1975, the Lake Bluff Garden Club wanted to provide a lasting gift to the Library to celebrate the opening of its new facilities on Scranton Avenue. The Garden Club donated a bronze statue of two geese created by noted Lake Forest sculptor Sylvia Shaw Judson. Ms. Shaw Judson became nationally famous for her garden sculptures, with her work featured in locations such as Brookgreen Gardens, SC and the White House Rose Garden. She is perhaps best known for her statue *Bird Girl* in Bonaventure Cemetery in Savannah, GA, which was featured on the cover of John Berendt's 1993 best-seller *Midnight in the Garden of Good and Evil*.

We are fortunate to have a sculpture by such a noteworthy local artist. For 42 years, the geese have kept watch over the Library, served as a symbol for the Library itself, and been ridden by generations of young patrons! The geese will be moving to a location by the new entrance in the near future. The next time you are at the Library, take a moment to admire this iconic sculpture!

## friends of the library



### Spectacular Slatwall

Have you seen our spectacular slatwall displays? Thank the Friends of the Library! Below are just some of the recent improvements funded by the Friends:

- Aluminum slatwall displays and slatwall accessories for the Adult Services department (see above for the before and after shots of this space!)
- Copies of popular books and movies to start our Trending Titles collection.
- Slatwall accessories for the end panels on the Juvenile Fiction and Juvenile Non-Fiction shelves. You'll be able to see these displays after Summer Reading Club concludes in August.



**Trick-or-Treat @ the Library****Tuesday, 10/31 from 10:00am to 9:00pm**

Children, teens, and adults can stop by the Library on Halloween to trick-or-treat. All you need to do is say "trick-or-treat" to the friendly staff at our front desk and you'll take home the sweet treat of a \$5 fine voucher or Halloween candy. Costume optional but enthusiastically encouraged!

**International Games Week @ the Library****Sunday, 10/29 to Saturday, 11/4**

Visit [www.lakeblufflibrary.org/igw.html](http://www.lakeblufflibrary.org/igw.html) and vote for the games that you would like to play! Voting will end October 1 and we'll announce the schedule on October 15. We'll also have a scavenger hunt activity you can work on at any time during the week. (Psst... teens: we have a special teen session of Keep Talking and No One Explodes. Turn to page 7 for more information!)

**It's a Wonderful Life in Lake Bluff**  
**Saturday, 12/2**

Our Winter newsletter usually arrives in Lake Bluff homes on December 1 and we wanted to be sure to let you know that we'll have some fun holiday activities planned for It's a Wonderful Life in Lake Bluff on December 2!

**Decorate the Library!**

Details for this fun DIY event for adults will be announced in November.

**Holiday Storytime with the Library Elf****11:00am to 1:00pm**

Stop in the children's department and listen to holiday stories read by our own Library Elf. Crafts and treats will be available as well.

## ADULTS

**Back-to-School Programs for Parents/Caregivers****Common Core: Parents, What You Need to Know****Thursday, 9/7 at 1:00pm and 7:00pm**

Do you know what's expected of your elementary school child this year? It may surprise you. Parents, get the lowdown on Common Core Standards in terms you can understand. Parents attend parent-teacher conferences and have no idea what questions to ask. Find out what to ask your child's teacher for your upcoming parent-teacher conference!

**College Financial Aid****Monday, 10/2 at 7:00pm**

The financial aid system, which includes scholarships, grants, student loans, and tax saving opportunities, is designed to help relieve the expenses of college. This program presented by Joe Orsolini introduces three key areas to reduce the overall cost of a college education including strategies to maximize need-based financial aid, merit-based aid, and how to exploit tax-saving opportunities. Mr. Orsolini is a Certified College Planning Specialist and Financial Planner.

**College Illinois! 529 Prepaid Tuition Plan****Thursday, 11/16 at 7:00pm**

More than 30,000 students have gone to college using College Illinois! benefits. Parents and grandparents can take advantage of tax benefits, flexible plan options, and enjoy the peace of mind that comes from knowing no matter how high tuition climbs your child's tuition and fees are covered at qualified colleges across the country. Join a representative from College Illinois! for a brief PowerPoint and for answers to your questions and concerns.



# ADULTS



Provided by the Training Staff of the Lake Bluff Park District and Talia Wilkinson, the Wellness Consultant at Heinen's of Lake Bluff.

## Quality of Life:

### Physical Activity Balanced with Nutrition

**Tuesday, 9/12 at 10:30am**

We will dispel myths about exercise and physical activity by answering the following questions: What is the difference between physical activity and exercise? Is it ever too late to start an exercise program or to increase my physical activity level? Also, learn how diet is a key contributor for all levels and how our daily requirements have changed over the years.

### Morning, Afternoon or Evening? Is There a Best Time for Physical Activity?

**Tuesday, 9/26 at 10:30am**

Now that we have provided the "why" for exercise and/or increased physical activity, let's provide some answers for "when" and "how!" What time of day is best? How can I be more physically active at home? How much physical activity is needed to improve my health? Should I eat before or after the activity and how much? Let's explore foods geared towards the fitness world.

### Strong Heart: What, Why and How!

**Tuesday, 10/10 at 10:30am**

The heart is THE most important muscle in our body. What exercise or physical activity is necessary and why? How do I safely and effectively strengthen my heart and cardiovascular system for optimal function? Then, let's explore heart healthy foods and how these foods support our health biometrics.

### Muscle Strength & Flexibility for Balance in our Everyday Living

**Tuesday, 10/24 at 10:30am**

We will cover safe and effective muscle conditioning methods and uncover new dietary trends for improvement in the performance of activities of daily living to athletic performance for people of all ages!

## Trivia Night @ LB Brewing Co.

**Mondays, 9/25 and 11/13 at 7:00pm** **R**

Join us for Trivia Night at the Lake Bluff Brewing Company! Register your team of up to six people and get your thinking caps ready. All participants must be 21 and older. Registration for the fall sessions will begin on Tuesday, September 5.

## Detox Your House

**Thursday, 9/28 at 7:00pm**

Many products we use every day contain toxic chemicals. Join us as we teach you how to rid your homes of these "dirty" ingredients. Discover ways to clean your home without any exposure to toxic ingredients and to introduce personal care products that are clean and healthy. Learn simple solutions to replace toxic household items with certified pure therapeutic grade essential oil products and everyday ingredients. This program is presented by local residents Kimberly Snodgrass, Megan Vignocchi and Tamara Mannelly.

## Hamilton's Women

**Friday, 9/29 at 1:30pm**

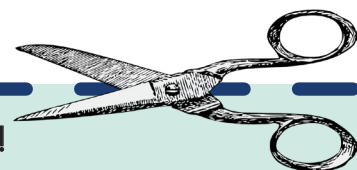
Meet the real women in Alexander Hamilton's life: his wife, Elizabeth Hamilton and her two sisters, Angelica Schuyler Church and Peggy Schuyler van Rensselaer. This living history program is performed by Leslie Goddard. You don't need to have seen the smash hit musical *Hamilton* to enjoy this program! *Patrons who are registered will be seated first.*

## Complicated Conception: A Couple Shares Their Story of Family-Building Despite Infertility

**Thursday, 10/5 at 7:00pm**

Nadine Kenney Johnstone discusses her memoir, *Of This Much I'm Sure*, about her near death experience after an IVF (In Vitro Fertilization) procedure. One in every eight couples struggles to have a baby, yet few couples openly discuss their infertility. Nadine and her husband Jamie detail their conception challenges and the hopeful words that healed them. Come learn about the story behind the book and raise awareness about an important issue.

# crafts & DIY



## Fall Adult Crafts: Design & De-Stress with Crafts!

**Tuesdays, 9/12, 10/10, and 11/14 at 1:30pm** **R**

Join Liliana this fall to relax and unwind at Adult Crafts! **Please note crafts have moved to the second Tuesday of the month, not Wednesday.** All materials are provided, please register at least one week in advance.

**September:** We'll pound away our stress with hammers to make beautiful leaf print stationery.

**October:** Make cinnamon pumpkin bath bombs for your own aromatherapy or to give a frazzled friend.

**November:** Make a cozy comforting craft by upcycling a glove into an adorable squirrel.



## Knitwits

**Thursdays, 9/14, 10/12, and 11/9 at 7:00pm**

Join Martha and Liliana for Knitwits, a group for beginning knitters. We'll meet on the second Thursday of each month to knit, chat, and learn new techniques. Bring your knitting and your questions!



## Putting Sears Homes on the Map: The Mail Order House Phenomenon 1906-1982

Thursday, 10/19 at 7:00pm

General merchandise mail order catalogs were established in the 1880's, offering a wide variety of goods to the rural market. House plan books appeared at about the same time. In 1906 a combination of these two marketing techniques first came on the scene--mail order houses. Sears Roebuck is the best known of all the companies that sold mail order homes, although Aladdin Company was the first in the business. We will learn the history of mail order homes and view images of homes manufactured by the eight major producers.

## High Performance You!

Look and Feel Your Best for Success!

Monday, 10/30 at 7:00pm

Today's world is competitive! To compete effectively you must stay on top of your game both mentally and physically. Your physiology can put you at a disadvantage but with nutrition, hormone therapy, and

non-surgical cosmetic procedures, you can look and feel your best in any situation. Dr. Cheryl Perlis is board certified in obstetrician and gynecologist. Join her as she shares her knowledge and passion for helping others appreciate their appearance.

## Putin's Russia:

Friend, Foe or Something Else?

Monday, 11/6 at 7:00pm

Since Vladimir Putin took power in Russia over 17 years ago, the relationship between the United States and this formerly sworn enemy has been in a state of flux. George W. Bush and Putin seemed to have a working relationship. Barack Obama and Putin did not. Now, under President Trump, the relationship is uncertain. This lecture by Dr. Ben Whisenhunt will examine Putin's background, style of rule and overall relationship with the United States. Dr. Whisenhunt is a history professor at the College of DuPage who received his PhD. from UIC. *Registration is suggested.*

## Movies @ the Library

Join us for popcorn and a movie!



Thursday, 9/14 at 1:30pm

*The Zookeeper's Wife*  
(Rated PG-13, 2017,  
124 minutes)



Thursday, 10/12 at 1:30pm

*Mr. Pip*  
(Rated PG-13, 2012,  
130 minutes)

## On Display in the Spruth Room

If you have a special collection that you'd like to share, please contact Carol Carter (ccarter@lakeblufflibrary.org) to sign up.

**September:** The North Shore Chapter of the National Society of the Daughters of the American Revolution

**October:** Frankie (a Dachshund mix) collection shared by Lynn Miller.

**November:** To be announced.

# Book Clubs

## Afternoon Book Club

Join Carol and other book lovers for an insightful and open-ended discussion! All book club titles are available for checkout at the circulation desk.



Tuesday, 9/19 at 2:30pm

*The Last Days of Night*  
by Graham Moore  
2016, Fiction, 368 pages



Tuesday, 10/17 at 2:30pm

*My Life on the Road*  
by Gloria Steinem  
2015, Non-Fiction, 304 pages



Tuesday, 11/21 at 2:30pm

*The House at the End of Hope Street*  
by Menna van Praag  
2013, Fiction, 304 pages

## Cookbook Book Club

Selected cookbooks will be on display at the Library at least two weeks prior to the club meeting. Come browse and pick a recipe to make. Bring your finished dish to Book Club, and sample everyone's delicious foods while discussing the topic.



## Cook Like a Celebrity! | Wednesday, 9/13 at 7:00pm

We all watch our favorite celebrity chefs on TV, so now it's time to try out one of their recipes for yourself! This month you'll choose a dish from Ina Garten, Mario Batali, Martha Stewart, and many more. Be a star in your own kitchen and bring your show-stopping dish to share with the group!

## Spiced or Spicy? | Wednesday, 11/8 at 7:00pm

Time to get creative in the kitchen this Fall! This month we'll choose recipes that feature fragrant spices, in both sweet and savory dishes. Spice doesn't need to mean heat, so have fun creating a warm and cozy dish for this chilly day!

# CHILDREN

## HALLOWEEN AT THE LIBRARY

### Halloween Drop In Craft | Monday, 10/23 to 10/31

Drop in during the week before Halloween and whip up a spooky or sweet craft! Small children may require assistance from a parent or caregiver.

### Halloween Party | Tuesday, 10/24 at 4:30pm

Dress in your Halloween finest and join us for a not so spooky party! Join us for some stories and treats, no tricks!

### Halloween Movie | Thursday, 10/26 at 4:00pm

*Hotel Transylvania*

(Rated PG, 2012, 91 minutes)



### Storytime

**Tuesdays, 9/12 to 10/17** R

Join us for storytime! Young children can have fun and build their early literacy skills with stories, songs, and simple crafts.

**2 year olds - 10:15am to 10:35am**

For 1 child with a caregiver

**3 to 5 year olds - 10:45am to 11:15am**

For children without an adult

### Community Day

**Saturday, 10/14 from 10:30am to 11:30am**

The whole family should join us for this very unique storytime with some special members of our community! Listen to stories read by a public safety officer, a Lake Bluff teacher, a dentist, a librarian (of course!), and more. There will be plenty of time for visiting with each special guest and asking questions. Crafts and tasty treats will be available and we'll even send you home with some goodies!

### Video Games @ the Library!

**Thursdays, 9/7 to 9/28 from 3:00pm to**

**5:00pm | Ages 8 to 11**

Bring a friend and play video games!

### Grandparent's Day Tea Party

**Saturday, 9/9 at 2:00pm**

Please join us for a storytime tea party. Children can bring a special adult with them to this program that will celebrate those wonderful people that we call Grandma and Grandpa. Wear your party clothes! Sweet treats, iced tea, and lemonade will be served.

### Citadel Theatre Workshop

**Saturday, 9/16 at 11:00am** R

This workshop is a perfect introduction to theatre. Each session will begin with a reading of a well-known children's book like *Rainbow Fish* or *Are You My Mother?*. Kids will use the story as a jumping off point as they take turns using characters, locations, and themes from the book to create their own original story. They will then use props and their imagination to turn their story into a play! Parents will be invited into the last five minutes of our class to attend an original play by their own mini playwrights. Let your child really dive into their imagination

while learning about theatre, acting, playwriting, and performing!

### Coding with Rhea

**Sunday, 10/1 at 2:00pm** R

Want to learn how to code, but don't know where to start? Computer Science enthusiast and local high schooler Rhea wants to spread the marvels of computer science to younger students. Rhea will be doing an introduction to coding for elementary aged kids, using beginner coding platforms such as code.org.

### Princess Ballerinas

**Saturday, 9/23 at 11:00am**

**Ages 3 to 7** R

Come dressed in your royal finest for this, but parents and caregivers, make sure your little royalty can move comfortably! LoMastro Performing Arts Academy will be offering a magical ballet-themed program. A little storytime, a little dance instruction, a little performance, a royally good time!

### Paws for a Tale

**Mondays, 10/16 to 11/20**

**at 6:30pm, 7:00pm, 7:30pm** R

Children in 1<sup>st</sup> - 5<sup>th</sup> grade can sign up to read to a certified therapy dog. These

gentle dogs are non-judgmental and great listeners for children who could use some quality time reading out loud or would just enjoy reading to a good listener. Parents will need to sign a waiver form (available in the children's department). Time slots go quickly, so sign up early for one or more 20-minute sessions!



## Anti-Bullying Art Show

### Throughout November

Ms. Thompson's Art Class will display art inspired by the Anti-Bullying Campaign in the Children's Department throughout the month of November.

**Tot Time | Tuesdays, 11/7 to 12/19**  
from 10:15am to 10:45am

Children ages 6 months to 3 years old can

listen to books and music while they socialize and play with age appropriate toys. Children must be supervised by an adult at all times during this casual meet up.

## Thanksgiving Drop In Craft

**Sunday, 11/12 to Wednesday, 11/22**

Drop in during the week before Thanksgiving to create a craft that shows your thankfulness! Small children may require assistance.

## Nutcracker Ballet Storytime: Clara's Dream

**Saturday, 11/18 at 11:00am**

Get ready for the holiday season with this magical storytime and performance of Clara's Dream from the Nutcracker Suite with Lo-Mastro Performing Arts Academy!



## Movies @ the Library:

### School's Out Early!

Join us on one of LBES' early release days for an afternoon movie at the Library!



**Wednesday, 9/13 at 2:15pm**

*The Lego Batman Movie*  
(Rated PG, 2017,  
104 minutes)



**Wednesday, 10/11 at 2:15pm**

*Beauty and the Beast*  
(Rated PG, 2017,  
129 minutes)



**Wednesday, 11/8 at 2:15pm**

*Sing*  
(Rated PG, 2016,  
108 minutes)

# TEENS



## Teen Crafts

**Thursday, 9/7 at 7:00pm**

Come craft your own Coachella ready leaf crowns at the Library!

**Thursday, 10/5 at 7:00pm**

Let your imagination go wild as we decorate mini pumpkins for the Halloween season!

**Thursday, 11/9 at 7:00pm**

Make your own paper beads and then craft paper bead jewelry!

## College Essay Workshop

**Thursday, 9/14 at 7:00pm**

In this workshop led by College Essay Rescue Company President Shannon Sweetnam, students will explore sample college essays and then consider what separates a

great essay from a mediocre one. After a brainstorming exercise, students will write first drafts of essays for the 2017-2018 Common Core Essay. The workshop includes a discussion on how to effectively edit and polish rough drafts and wraps up with an open-ended Q&A session. This workshop is recommended for high school seniors.

## Teen Advisory Board

**Thursdays, 9/21, 10/19, and 11/16**  
at 7:30pm

Join this fun group and earn volunteer hours, meet new friends, find new books, and give us your two cents about teen services! Play a bookish guessing game for the chance to win a different prize every month! Snacks and drinks will be served.



## Halloween Movie

**Thursday, 10/26 at 6:00pm**

*Hocus Pocus*  
(Rated PG, 1993, 95 minutes)

## Keep Talking and Nobody Explodes Game Night

**Thursday, 11/2 at 7:00pm**

Come test the boundaries of your communication skills in this high octane bomb defusing game.

## TEEN READ WEEK

### UNLEASH YOUR STORY!

**Sunday, 10/8 to Saturday, 10/14**



### Teen Book Trivial

**Tuesday, 10/10 at 7:00pm**

Grab some friends and team up to test your knowledge with this special teen trivia. We'll cover teen books, obviously, but also larger pop culture. The winning team will receive a prize!

### Teen Crafts: Teen Read Week Edition

**Thursday, 10/12 at 7:00pm**

Get crafty with old books for this special edition of Teen Crafts!





LAKE BLUFF  
PUBLIC LIBRARY

Lake Bluff Public Library  
123 E. Scranton Ave.  
Lake Bluff, IL 60044

Non-Profit  
Organization  
STD Mail  
US Postage Paid  
Permit No. 98

## LIBRARY HOURS

Monday	10:00am to 9:00pm
Tuesday	10:00am to 9:00pm
Wednesday	10:00am to 9:00pm
Thursday	10:00am to 9:00pm
Friday	10:00am to 6:00pm
Saturday	10:00am to 5:00pm
Sunday*	1:00pm to 5:00pm

\* Closed all Sundays between Memorial Day weekend and Labor Day weekend

ECRWSS  
RESIDENTIAL CUSTOMER

## CONTACT US

Lake Bluff Public Library  
123 E. Scranton Ave.  
Lake Bluff, IL 60044  
847-234-2540  
[www.lakeblufflibrary.org](http://www.lakeblufflibrary.org)



## LIBRARY CLOSINGS

**Sunday, 9/3**  
Summer Hours

**Monday, 9/4**  
Labor Day

**Thursday, 11/23**  
Thanksgiving Day

*All Library programs are free of charge and open to everyone. You do not need a Library card to attend a program.*

*Library programs are presented to offer differing viewpoints, and are not intended as endorsement by the library of views expressed by, or actions suggested by, individual speakers or groups.*

*The Lake Bluff Public Library reserves the right to use photos and/or audio/video recordings taken at the library or at a library-sponsored event for publicity purposes. Please see our Photo Use policy for more information.*